



ACORN SEMINARS PRESENTS

Craniosacral Therapy CST-1

Craniosacral Therapy CST-1 Basics August 15-18, 2024

Acorn Seminars has been providing high-quality seminars in craniosacral therapy since 2003. With over 30 years of teaching experience, **Jim Green, DC, LAc, LMT**, internationally recognized instructor and practitioner, has taught over 7500 participants since 1990 throughout North America and the world. This safe, gentle and effective work is presented over four full days and consist of lectures, demonstrations, and supervised hands-on practice sessions with generous time for Q&A.

Each participant will come away from the class with a ready to use protocol and study guide for their own practice. Healthcare practitioners in the field who already have successful practices will find this work to be a nice complement to their own style of bodywork. **CST-1 participants will learn:**

- craniosacral rhythm and still point technique
- v-spread technique
- diaphragm techniques- pelvic, respiratory, thoracic, hyoid, occipital cranial base
- core link techniques- occipital traction, L5-S1, iliac gap, sacral traction, rock and glide
- cranial techniques- frontal, parietals, sphenoid, temporals, and TMJ

Join us for this upcoming course:
Craniosacral Therapy CST-1 Basics
Date: August 15-18, 2024

American Academy of Health and Beauty
981 Second St, Manchester, NH 03102
(603) 625-6100

Class fee: US \$750/\$700 early registration (1 mo. prior)
NCBTMB/NY Sponsorship (Provider #450070-06)- 31 CE's

Course Instructor: Jim Green, DC, LAc, LMT

- Massage Therapy degree 1983
- Bachelor's Degree- Psychology 1988
- Masters Degree- Acupuncture 2019
- Doctorate Degree- Chiropractic 2015
- Upledger Brain and Spinal Cord Center 1989-1994
- Upledger Institute Instructor, Clinician 1990-2002
- Upledger Institute examiner- Tech/Diplomate Certification
- Acorn Seminars CST instructor and clinician since 2003



Registration begins at 8:30am on the first day of the class. Class begins at 9:00am and concludes at 6:00pm (ending times are approximate). Students are required to fully participate in all 4 days of classes to receive certificate of attendance. Attendees are asked to bring a massage table and linens.

To register for workshops:
call or e-mail: 315.325.4423/info@acornseminars.com

FOR MORE INFORMATION ABOUT ACORN SEMINARS visit: www.acornseminars.com